

ALMOND BUTTER APPLE NACHOS

Ingredients *(serves 1)*:

- 1 large apple (or 2 small apples)
- 1-2 tablespoons smooth almond butter, melted
- 1 handful of mixed nuts, crushed
- chia seeds

Instructions:

1. Cut the apple(s) in thin slices and arrange on a plate.
2. Top with melted almond butter.
3. Top with a sprinkle of chia seeds and the nuts.
4. Enjoy!



Note: Try and experiment with different types of nut butters and apples to keep things interesting.

